

THE BREAKWALL

USCGC HALIBUT (WPB-87340)
Newsletter

FEBRUARY 2011

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**CGC HALIBUT moor at San Clemente
Island Naval Base, Ca.**

Image by: FN Kris Colson

Greetings

Friends,

Greetings! We've closed out the month of February with getting many activities accomplished. We participated in a few community relation events, recognized our latest sailor of the Half Year, completed a marine safety patrol, and made preparations for our counterdrug and counter migrant patrol in March. On specific note, a large school of squid made a failed attempt to over take the unit.. I would like to thank CWO Donald Kishimoto, Banning High School and Saint Malachy Elementary school for hosting our HALIBUT personnel for our community relation events this month.

Best Regards,
LT Charles Paris
Commanding Officer

**LIFE JACKETS
SAVE LIVES**



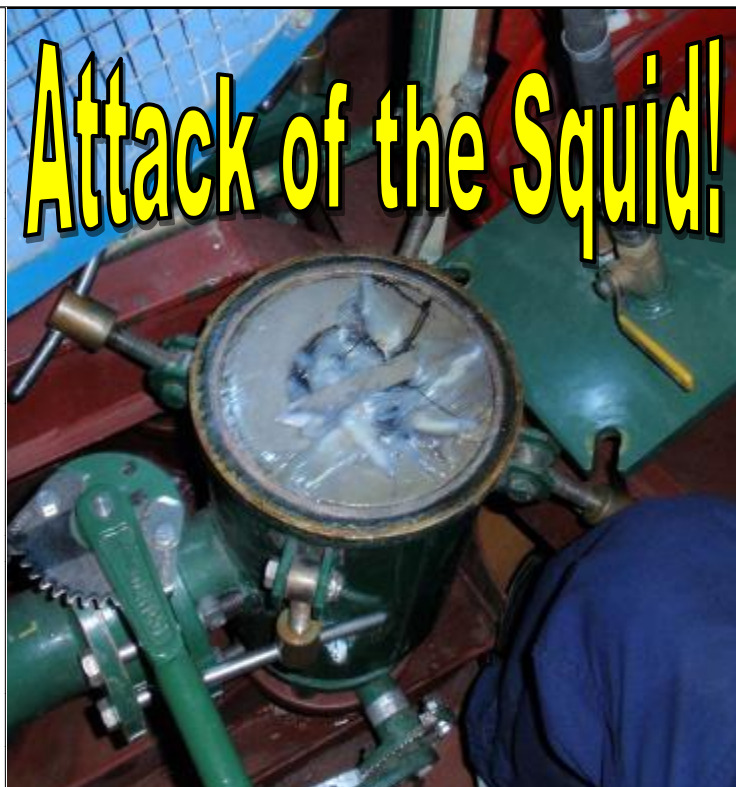
HALIBUT Morale



CGC HALIBUT'S Morale Fund contributes directly to the Morale, Wellness, and Recreation (MWR) of the crew. Unit ball caps and T-Shirt sales contribute directly to this fund. If anyone is interested in supporting the morale program with either a private donation or through hat & t-shirt sales, please contact:

Charles.W.Paris@uscg.mil
SEE BACK PAGE FOR ORDER

Attack of the Squid!



Fireman Kris Colson pulls squid out of our sea trainer.

Sailor of the Half Year



(top) SN Chad Phillips was recognized as CGC HALIBUT's sailor of the Half Year. Beverly Hills Navy League President Ron Dutton presents his award on behalf of the Navy League. (below & right) LT Charles Paris and MK2 Javier Carpio present for Community Day at a South Central Los Angeles Elementary School.



6th Graders ask questions about the CG's role in the Middle East.



In the Community



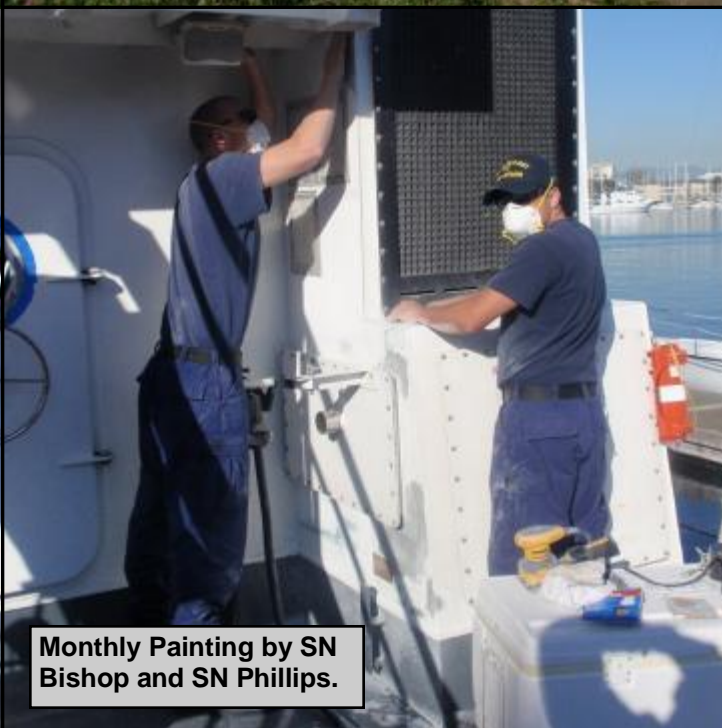
Monthly Activities



CGC HALIBUT moored at San Clement Island Naval Base. View from the Salty Crab Bar.



Antenna Overhaul



Monthly Painting by SN Bishop and SN Phillips.

FS2's Recipe of the Month

Cooking the Coast Guard Way



Easy Garlic Sirloin Steak



What you will need:

- 1 1/2 cup butter
- 2 teaspoons garlic powder
- 4 cloves garlic, minced
- 4 pounds beef top sirloin steaks
- salt and pepper to taste



Directions:

Preheat an outdoor grill for high heat.

In a small saucepan, melt butter over medium-low heat with garlic powder and minced garlic. Set aside.

Sprinkle both sides of each steak with salt and pepper.

Grill steaks 4 to 5 minutes per side, or to desired doneness. When done, transfer to warmed plates. Brush tops liberally with garlic butter, and allow to rest for 2 to 3 minutes before serving.



Not getting Sea Sick will be a requirement for our next Sailor of the Half Year.



Homeland Security



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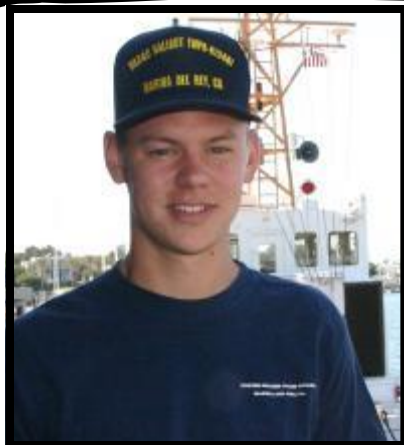
CGC HALIBUT moored off of the squid infested waters of Catalina Isl. Island.

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LT Charles Paris

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